# Central Oregon Harvest Chart

Your guide to seasonal bounty

<table>
<thead>
<tr>
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<th>Spring</th>
<th>Summer</th>
<th>Fall</th>
<th>Winter</th>
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<tbody>
<tr>
<td><strong>Mar</strong></td>
<td><img src="image1.png" alt="Image" /></td>
<td><img src="image2.png" alt="Image" /></td>
<td><img src="image3.png" alt="Image" /></td>
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<td><strong>Apr</strong></td>
<td><img src="image5.png" alt="Image" /></td>
<td><img src="image6.png" alt="Image" /></td>
<td><img src="image7.png" alt="Image" /></td>
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<td><strong>May</strong></td>
<td><img src="image9.png" alt="Image" /></td>
<td><img src="image10.png" alt="Image" /></td>
<td><img src="image11.png" alt="Image" /></td>
<td><img src="image12.png" alt="Image" /></td>
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</tbody>
</table>

- **March**: Arugula, Beans, Beets, Bok Choy, Broccoli, Brussels Sprouts, Cabbage, Carrots, Cauliflower, Chard, Corn, Cucumber, Eggplant, Fennel, Green Onions, Mustard Greens, Garlic, Kale, Kohlrabi, Leeks, Lettuce (Head), Onions, Parsnips, Peas, Peppers, Potatoes, Radishes, Rhubarb, Salad Mix, Shallot, Spinach, Summer Squash & Zucchini, Winter Squash, Sunchokes, Tomatoes (Cherry), Turnips (Sweet)

- **April**: Arugula, Beans, Beets, Bok Choy, Broccoli, Brussels Sprouts, Cabbage, Carrots, Cauliflower, Chard, Corn, Cucumber, Eggplant, Fennel, Green Onions, Mustard Greens, Garlic, Kale, Kohlrabi, Leeks, Lettuce (Head), Onions, Parsnips, Peas, Peppers, Potatoes, Radishes, Rhubarb, Salad Mix, Shallot, Spinach, Summer Squash & Zucchini, Winter Squash, Sunchokes, Tomatoes (Cherry), Turnips (Sweet)

- **May**: Arugula, Beans, Beets, Bok Choy, Broccoli, Brussels Sprouts, Cabbage, Carrots, Cauliflower, Chard, Corn, Cucumber, Eggplant, Fennel, Green Onions, Mustard Greens, Garlic, Kale, Kohlrabi, Leeks, Lettuce (Head), Onions, Parsnips, Peas, Peppers, Potatoes, Radishes, Rhubarb, Salad Mix, Shallot, Spinach, Summer Squash & Zucchini, Winter Squash, Sunchokes, Tomatoes (Cherry), Turnips (Sweet)

- **June**: Arugula, Beans, Beets, Bok Choy, Broccoli, Brussels Sprouts, Cabbage, Carrots, Cauliflower, Chard, Corn, Cucumber, Eggplant, Fennel, Green Onions, Mustard Greens, Garlic, Kale, Kohlrabi, Leeks, Lettuce (Head), Onions, Parsnips, Peas, Peppers, Potatoes, Radishes, Rhubarb, Salad Mix, Shallot, Spinach, Summer Squash & Zucchini, Winter Squash, Sunchokes, Tomatoes (Cherry), Turnips (Sweet)

- **July**: Arugula, Beans, Beets, Bok Choy, Broccoli, Brussels Sprouts, Cabbage, Carrots, Cauliflower, Chard, Corn, Cucumber, Eggplant, Fennel, Green Onions, Mustard Greens, Garlic, Kale, Kohlrabi, Leeks, Lettuce (Head), Onions, Parsnips, Peas, Peppers, Potatoes, Radishes, Rhubarb, Salad Mix, Shallot, Spinach, Summer Squash & Zucchini, Winter Squash, Sunchokes, Tomatoes (Cherry), Turnips (Sweet)

- **August**: Arugula, Beans, Beets, Bok Choy, Broccoli, Brussels Sprouts, Cabbage, Carrots, Cauliflower, Chard, Corn, Cucumber, Eggplant, Fennel, Green Onions, Mustard Greens, Garlic, Kale, Kohlrabi, Leeks, Lettuce (Head), Onions, Parsnips, Peas, Peppers, Potatoes, Radishes, Rhubarb, Salad Mix, Shallot, Spinach, Summer Squash & Zucchini, Winter Squash, Sunchokes, Tomatoes (Cherry), Turnips (Sweet)

- **September**: Arugula, Beans, Beets, Bok Choy, Broccoli, Brussels Sprouts, Cabbage, Carrots, Cauliflower, Chard, Corn, Cucumber, Eggplant, Fennel, Green Onions, Mustard Greens, Garlic, Kale, Kohlrabi, Leeks, Lettuce (Head), Onions, Parsnips, Peas, Peppers, Potatoes, Radishes, Rhubarb, Salad Mix, Shallot, Spinach, Summer Squash & Zucchini, Winter Squash, Sunchokes, Tomatoes (Cherry), Turnips (Sweet)

- **October**: Arugula, Beans, Beets, Bok Choy, Broccoli, Brussels Sprouts, Cabbage, Carrots, Cauliflower, Chard, Corn, Cucumber, Eggplant, Fennel, Green Onions, Mustard Greens, Garlic, Kale, Kohlrabi, Leeks, Lettuce (Head), Onions, Parsnips, Peas, Peppers, Potatoes, Radishes, Rhubarb, Salad Mix, Shallot, Spinach, Summer Squash & Zucchini, Winter Squash, Sunchokes, Tomatoes (Cherry), Turnips (Sweet)

- **November**: Arugula, Beans, Beets, Bok Choy, Broccoli, Brussels Sprouts, Cabbage, Carrots, Cauliflower, Chard, Corn, Cucumber, Eggplant, Fennel, Green Onions, Mustard Greens, Garlic, Kale, Kohlrabi, Leeks, Lettuce (Head), Onions, Parsnips, Peas, Peppers, Potatoes, Radishes, Rhubarb, Salad Mix, Shallot, Spinach, Summer Squash & Zucchini, Winter Squash, Sunchokes, Tomatoes (Cherry), Turnips (Sweet)

- **December**: Arugula, Beans, Beets, Bok Choy, Broccoli, Brussels Sprouts, Cabbage, Carrots, Cauliflower, Chard, Corn, Cucumber, Eggplant, Fennel, Green Onions, Mustard Greens, Garlic, Kale, Kohlrabi, Leeks, Lettuce (Head), Onions, Parsnips, Peas, Peppers, Potatoes, Radishes, Rhubarb, Salad Mix, Shallot, Spinach, Summer Squash & Zucchini, Winter Squash, Sunchokes, Tomatoes (Cherry), Turnips (Sweet)

- **January**: Arugula, Beans, Beets, Bok Choy, Broccoli, Brussels Sprouts, Cabbage, Carrots, Cauliflower, Chard, Corn, Cucumber, Eggplant, Fennel, Green Onions, Mustard Greens, Garlic, Kale, Kohlrabi, Leeks, Lettuce (Head), Onions, Parsnips, Peas, Peppers, Potatoes, Radishes, Rhubarb, Salad Mix, Shallot, Spinach, Summer Squash & Zucchini, Winter Squash, Sunchokes, Tomatoes (Cherry), Turnips (Sweet)

- **February**: Arugula, Beans, Beets, Bok Choy, Broccoli, Brussels Sprouts, Cabbage, Carrots, Cauliflower, Chard, Corn, Cucumber, Eggplant, Fennel, Green Onions, Mustard Greens, Garlic, Kale, Kohlrabi, Leeks, Lettuce (Head), Onions, Parsnips, Peas, Peppers, Potatoes, Radishes, Rhubarb, Salad Mix, Shallot, Spinach, Summer Squash & Zucchini, Winter Squash, Sunchokes, Tomatoes (Cherry), Turnips (Sweet)

- **March**: Arugula, Beans, Beets, Bok Choy, Broccoli, Brussels Sprouts, Cabbage, Carrots, Cauliflower, Chard, Corn, Cucumber, Eggplant, Fennel, Green Onions, Mustard Greens, Garlic, Kale, Kohlrabi, Leeks, Lettuce (Head), Onions, Parsnips, Peas, Peppers, Potatoes, Radishes, Rhubarb, Salad Mix, Shallot, Spinach, Summer Squash & Zucchini, Winter Squash, Sunchokes, Tomatoes (Cherry), Turnips (Sweet)