

# **High Desert Food & Farm Alliance Cooking Matters Program**

*A Partnering Satellite Agency of the Oregon Food Bank*



## **Volunteer Job Description**

**Job Title: Chef Instructor**

### **Position Summary:**

Chef Instructors teach multi-session class series, using recipes provided for each class. Volunteer Chef Instructors work in collaboration with support volunteers to lead delivery of cooking, nutrition, food budgeting and food safety/sanitation messages with low-income community members.

### **Duties:**

- Instruct a class of 8-15 students on a variety of cooking techniques, proper food handling, how to create healthy meals with basic nutrition messages
- Assist participants with skills, ideas and solutions which enhance their food nutrition knowledge
- Clearly communicate HDFFA's mission and purpose of class to participants
- Communicate class format and need to the Lead Assistant volunteer
- Review all menus with Lead Assistant volunteer and discuss any changes to ingredients

### **Qualifications:**

- 18+ years. Work conditions may include standing, pushing, pulling, lifting, in a standard kitchen environment
- Interest in working with low-income individuals with diverse backgrounds
- Strong food safety and sanitation skills; volunteers without formal culinary training will be required to have Food Handlers card
- Good organizational and time management skills
- Ability to work collaboratively within a team as well as one-on-one with class participants
- Strong communication skills
- Willingness to adhere to program policies and team decisions

**Time Commitment:** Travel to and from class locations; 2 hour on-site orientation the week prior to the start of class; 2-3 hours per week for the 6-week course plus additional time to plan and prepare for lesson delivery.

**Resources Provided:** Orientation to program, curriculum training and on-site training with the Program Coordinator, Agency Contact and Volunteer Team. Cooking Matters booklets, additional resources and training available as needed. Funding for groceries to teach the course.

\*Note: HDFFA does not reimburse expenses incurred by volunteers in driving to the course (gas, parking fees, tickets or costs resulting from an accident).

**How does this help the High Desert Food & Farm Alliance?** These cooking and nutrition classes offered to individuals and families living in low income helps them make the most of their food resources. Cooking Matters makes a lasting impact to help address nutrition and food budget skills as well as introducing individuals and families to fresh and local produce available in Central Oregon.

### **HDFFA Contacts:**

Meiko Lunetta Program Coordinator  
[meiko@hdffa.org](mailto:meiko@hdffa.org), 603.831.3148